

## **Margaret Lazarus**

Superintendent 905-666-5500

### Julia Blizzard

Administrative Officer 905-666-5500

## Kyla McKee

Special Education Officer 905-666-5500

## Ajax Trustee: Donna Edwards



4 Parkes Drive Ajax, Ontario L1S 4X1 (905) 686-3014

## Safe Arrival

attendance.ddsb.ca 1-844-350-2646

> Lisa Hill Principal

Linda Whittaker Head Secretary

### **School Website**

http://www.ddsb.ca/school/lakeside/

## Follow us on Twitter @Lakeside PS

Follow us on Instagram
Lakeside ps

See daily school tweets by searching #Lakeside\_PS

## **Lakeside Public School**

## **FALL 2019**



Happy New "School" Year!

I hope that you have had an enjoyable summer and you are ready for the start of another exciting school year at Lakeside Public School. We are so thrilled to be part of the wonderful Lakeside community and looking forward to working with students and families. Welcome to all of our new Lakeside families!

As we get back into the school routine, there are a number of important information items and safety reminders. Your child's success in school depends on an effective partnership between home and school. We encourage you to talk with your child about their school year, set challenging goals and be engaged in their learning. Please take some time together to review the agenda. Please come and see me if you have any questions or concerns, my door is always open.

Presently, our enrolment is approximately 280 students. Joining the Lakeside staff this year: Ms. Hall—Grade 8, Ms. ter Borg—Grade 8, Mr. Quesnelle (Primary Coverage) and Mr. Bonsu (Educational Assistant).

This year, we continue our school-wide focus on achieving academic excellence. Developing skills in Reading and Writing (Literacy) and Mathematics (Numeracy) will continue to be the central focus of our initiatives. Our school will continue to emphasize equity and inclusion, well-being and leveraging digital as we focus on the learning environment and oral communication.

There are a lot of exciting opportunities for our students and we encourage our students to get involved.

Thank you to all of the families who attended our Curriculum Night! It was wonderful to see all of you and we look forward to a great year! Please check the third page of the newsletter, as well as our website for dates and information.

Have a wonderful month!

Mrs. Hill

## S.C.C. Pizza Days will begin twice per month this year!

## Dates include:

October 3, 17 November 14, 28 December 12 January 16, 30 February 6, 20 March 5, 26 April 9, 23 May 7 June 4, 18



\*Orders are available on School Cash Online

\*Thank you to our S.C.C. for organizing our pizza days once again this year!



## TERRY FOX RUN 2019

Please donate online to our direct link:



http://www.terryfox.ca/LakesidePSAjax Our run date is September 26 in the afternoon from 1:00—3:00 p.m. (September 27-rain date) The students are working on a school challenge. Our school goal this year is to raise \$4000.00 E S

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Our areas of focus include: Literacy, Numeracy, Equity and Inclusion, Well-Being and Leveraging Digital. Our School Plan Focus will be shared in the next newsletter.

## A Vision for the DURHAM DISTRICT SCHOOL BOARD

The strategic priorities and operating goals are a reflection of student, staff and community voice. This input has helped us prioritize and set direction for the next three years.

The Ignite Learning strategic priorities and goals have become more precise, as has our focus and commitment to continue to create an equitable, dynamic and innovative Durham District School Board.

Set high expectations and provide support to ensure all students and staff reach their full potential every year. Create safe, welcoming, well-he inclusive learning spaces to promote well-being for all students and staff. Identify future leaders, actively develop new leaders and responsively support current leaders. Promote a sense of belonging and increase equitable outcomes for all by identifying and addressing barriers to success and engagement. Engage students, parents and community members to improve student outcomes and build public confidence. innovation Reimagine learning and teaching spaces through digital technologies and innovative resources.

## **SEPTEMBER:**

- 24—S.C.C. Meeting 7:00 p.m. in the Library
- 24—Photo Day—bring your smiles!
- 25—Grade 4's to Groundwater Festival
- 25—S.C.C. Popcorn Day
- 26—Terry Fox Run—1:00—3:00 p.m. Please join us!
- 27—Terry Fox Run Raindate—1:00—3:00 p.m.
- 27—Mr. Coulter's Class is holding a YARD SALE with
- all proceeds going towards the Terry Fox Foundation.

Thank you to Mr. Coulter and his students!

**30—Orange Shirt Day** 

**Lunch Lady dates for September: 26** 



## **OCTOBER:**

- 2—Walk to School Day—ENTER YOUR NAME TO WIN A PRIZE IF YOU WALK!
- 3—Learn Not To Burn Program—Ajax Fire Department—Kindergarten, Grade 1 & 2
- 4—Cross Country Meet at Lakeridge Ski Resort (Grades 3—8) 9:00—11:00 a.m.
- 7, 8, 9—Senior Kindergarten Vision Screening by Durham Region Health Dept.
- 8, 9, 10—Autism Presentations by Erin Groat from Autism Durham—in classroom presentations for all of our students in Kindergarten to Gr. 8. Thank you Erin!
- 16—Individual Education Plans go home
- 18—October Assembly at 9:15 a.m. Please join us!
- 21—Federal Election Polling Station at Lakeside in Gymansium (all day)
- 24—Volunteer of Distinction Ceremony at 7:00 p.m. Congratulations to Beth Palmer!
- 31—S.C.C. Dance-A-Thon—each grade will have some time in the gymnasium

OCTÓBER IS WALK TO SCHOOL MONTH! THE CLASS WITH THE MOST WALKERS THIS MONTH WILL WIN A PRIZE!

S.C.C. Pizza dates for October: 3, 17 Lunch Lady dates for October: 10, 24

Our S.C.C. will be selling KERNELS popcorn every Wednesday!



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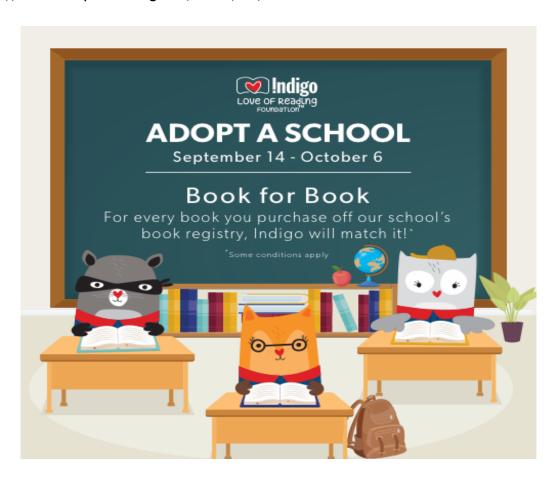
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From September 14th to October 6, 2019 whenever anyone buys anything from INDIGO either at the Pickering Town Centre store or online using the link below, we will get some books for our new Library/Learning Commons that will be renovated in October!

Here is the link—please share with all your friends and family:

https://www.chapters.indigo.ca/en-ca/list/find?ln=Public School&fn=Lakeside&id=2322156



Pickering Town Centre INDIGO is located beside Scotiabank (Door # 2).

Store hours are:

Monday-Friday 10:00 a.m. to 9:00 p.m.

Saturdáy 9:30 a.m. to 6:00 p.m.

Sunday 11:00 a.m. to 6:00 p.m.

Thank you for your support of our new Library/Learning Commons!



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Going back to school, and getting into a regular routine after the summer can sometimes be met with a range of emotions. It is not uncommon for children to feel:

- stressed or anxious about returning to class,
- sad or upset that the break is over, or
- excited to see friends again.

These feelings are shared by children and adults alike! Talking about the days ahead can help, as well as knowing it doesn't take long to get yourself and your children back on track when everyone works together.

This school year, one of the best gifts you can give your child is a good education and the habit of regular attendance.

# NEW ACCOUNT NEEDED.... Saft Anival Program

to report student absences online or via the app, create an account today with SCHOOLMESSENGER ®



click here to create your account

You can create an account on School Messenger to report absences You can also call the Toll Free Number: 1-844-350-2646 to report the absence as well.

### Online Student Verification Forms

The DDSB no longer sends home Student Verification Forms for families to verify contact information, emergency contacts, medical information, agreements, and more. This information is now verified online by the parent.

Please verify your student's information as soon as possible. This information is important for us to have at the school. Thank you so much.

### **Parent Portal**





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## **Parents/Guardians and Visitors in the School**

The Lakeside staff strives to establish a school environment of mutual respect, cooperation and, above all, safety and security. To that end, all visitors to the school are required to enter through the front doors of the building and start their visit at the office. You contribute to the positive, safe environment when you:

- ⇒ Drop off and pick up your child in the school's designated area
- ⇒ Remain outside the school building at entry and dismissal times
- ⇒ Check in at the office every time you visit the school
- ⇒ Call to book an appointment if you wish to meet with your child's teacher
- ⇒ Make your child's teacher your first contact when you have educational concerns

## **Terry Fox Run 2019**

The Terry Fox National School Run Day is Friday, September 26th from 1:00—3:00 p.m.

All Lakeside Public School students will have an opportunity to participate in our school

event. Please send in some "Toonies for Terry" the week of September 23—27th.

Donating online is fast and easy. Simply, go to <a href="www.terryfox.org">www.terryfox.org</a>, click "Terry Fox School Run" and "Give to a Student", or click this direct url link:

### http://www.terryfox.ca/LakesidePSAjax

which will take you to our school page on the Terry Fox Foundation website. Your child may also choose to set up their own fundraising page in the "Give to a Student" section. By doing this, they will be able to email friends and family a direct fundraising link. Thank you so much!



## **September 23—27 is Safety Week**

Ensuring student safety is our number one priority and during the first weeks of school, Lakeside students and staff will practice and discuss safety. We have already had 1 fire drill and it was very successful. We will have a second fire drill during this week.

As part of our safety week activities, we will practice a **lockdown drill** with our Community Liaison Officer, Constable Dimech. Lockdowns are conducted as a method of controlling student and staff movement in the school, when an emergency situation arises. Lockdowns are basically a reverse fire drill. Instead of having all the students leave the classroom, a lockdown will keep the students in the classroom, a safe environment. Lockdowns are used when school staff needs to prevent students from going outside or from being in the hallway. Some examples of lockdown situations include:

- medical emergency
- stranger in the school
- police activity in the area of the school
- •natural disaster or unforeseen circumstance

At Lakeside, we believe that taking a proactive approach to safety will ensure a welcoming, happy and safe learning environment for everyone!

## Allergy Awareness: Please Help Keep Our Students Safe We have students and staff members at Lakeside with life threatening food allergies. With the awareness that

We have students and staff members at Lakeside with life threatening food allergies. With the awareness that has been raised about peanut/tree nut allergies during the past decade, many people understand that these food items can cause an anaphylactic allergic response in the body—a potentially fatal experience. One way that we can help protect all children and adults with food allergies at Lakeside is to teach safe eating practices.

Encourage our children to:

- ⇒Not share snacks or lunches at school
- ⇒Wash their hands with soap and warm water before and after eating
- ⇒Use only appointed utensils to open food packages (i.e. don't use classroom scissors used for crafts)
- ⇒Bring only non-food items to celebrate special occasions at school

## **EpiPens**

If your child carries an EpiPen for use in case of an anaphylaxis emergency, or if the school office keeps one on hand for your child, please fill out a "Request for Administration of Medication by Injection" Durham District School Board policy form that was sent home with your child. This form is also available in the office, and it needs to be signed by a doctor. A new form must to be completed at the beginning of each school year.

### Medication

If it is necessary to administer oral medication to your child during the school day, please ensure that your physician completes a "Request for Administration of Oral Medication" form. For those students requiring medication by injection, a "Request for Administration of Medication by Injection" form must be completed. Both of these forms require a doctor's signature. If the school is aware of your child's medical needs, forms will be sent home. Forms may also be requested by parents/guardians in the school office.

## **Student Accident Insurance**

Providing safe learning environments is a strong and constant focus at the Durham District School Board. Families should however recognize that there is always a potential risk of injury with field trips, sports and other student activities both on and off school grounds. Accidents can happen, despite precautions to prevent them. Accidental injuries may involve medical, dental or other expenses not covered by provincial health care or employer group plans.

Please be aware that the Durham District School Board does not provide accident insurance coverage for student injuries. For your convenience, we do make available a Student Accident Insurance program through Old Republic Insurance Company of Canada. This program offers a variety of plans and benefits at affordable prices.

All rates are one-time annual premiums. The insurance agreement is between **you** and **Old Republic Insurance Company of Canada**. For complete details please refer to the *insuremykids Protection Plan* information/application form or visit their website at: **www.insuremykids.com.** 

Any questions should be directed to Old Republic Insurance Company of Canada toll free at 1-800-463-5437.

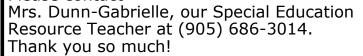


## No Dogs, thank you so much

With student safety in mind, dogs are not permitted on school property. We have many students who are fearful of dogs, and others who are allergic to dogs and could suffer a health risk if exposed to your pet. Thank you for your help in keeping our students safe.

## The Bookworm Reading Club is looking for volunteers!

Are you interested in reading with students at Lakeside? We are looking for more volunteers! Please contact





September 26 October 10, 24 November 7, 21 December 5, 19 January 16, 30 February 13, 27 March 12 April 2, 16, 30 May 14 June 11



## **Boomerang and Waste-Free Lunches**

The Durham District School Board encourages all schools to reduce food and food-related waste by implementing a waste-free or boomerang lunch program.

A **waste-free lunch** contains no throw away packaging and produces no food waste. Food and drinks are packed in reusable containers within a reusable (often insulated) lunch bag. All containers are re-sealable, so that leftover food and drink can be saved for later.

A **boomerang lunch** means that any uneaten food and waste material produced is returned home and is not added to the school's waste collection. It is important that this food waste and packaging be taken home in a re-sealable container or bag so that lunch bags/backpacks remain clean.

Both waste-free and boomerang lunches enable parents/guardians to see what their children are actually eating during the day. Waste audits carried out at schools consistently demonstrate that a significant amount of this waste is made up of unopened packaged foods, uneaten fruit, full juice boxes, etc... Uneaten fruit that is added to school waste can become a wasp hazard, especially in the fall. This organic waste can be returned home and added to your green bin kitchen compost.



## **Lunchroom Supervisors Needed**

- ⇒ Do you love working with children?
- ⇒ Are you available Monday to Friday between 11:35 a.m. and 12:35 p.m.?
- ⇒ Would you like an opportunity to work with a highly dedicated team who are committed to the safety of our students during lunch time?

If you answered "YES" to these questions, please consider becoming a paid Lunch Supervisor at Lakeside Pubic School! Grandparents, aunts, uncles, neighbours, etc. are all welcome to apply! We are looking for full time, part time and supply lunchroom supervisors.

An interview and Criminal Reference Check are required. Contact Mrs. Hill, Principal, at (905) 686-3014.



The Durham District School Board and Beau Valley Public School remind our community about the document released in 2012 entitled *Guidelines and Procedures for the Accommodation of Religious Requirements, Practices and Observances.*This document has been produced in compliance with the requirements of Ontario's Equity and Inclusive Education Strategy within the contexts of the *Canadian Charter of Rights and Freedoms* and the *Ontario Human Rights Code.* This document assists us in maintaining equitable and inclusive environments within our schools and facilities, and guides the process of providing religious accommodations as the need arises. The document is available for viewing at <a href="http://ddsb.durham.edu.on.ca/DDSBmain.html">http://ddsb.durham.edu.on.ca/DDSBmain.html</a> or you may ask to review a copy at your child's school. If you anticipate that you or your family might require religious accommodation at any point during the school year, we ask that you inform the administration as early as possible, preferably at the start of the school year. Areas that you might consider include, but are not limited to, the following:

- ⇒Observations of major religious holidays and celebrations
- ⇒Accommodation in or exemption from, specific area of curriculum or school activities
- ⇒Religious attire
- ⇒Modesty requirements in Physical Education
- ⇒School opening and closing exercises
- ⇒Prayer
- ⇒Dietary requirements

You are also welcome to speak to or contact the school about unanticipated religious accommodation needs as they arise.

## **Voluntary, Confidential Aboriginal Student Self-Identification**The Ontario Ministry of Education has identified Aboriginal Education as one of its key priorities. The 2007 Ontario, First

The Ontario Ministry of Education has identified Aboriginal Education as one of its key priorities. The 2007 Ontario, First Nation, Métis, and Inuit (FNMI) Education Policy Framework outlines strategies to improve achievement among First Nation, Métis, and Inuit students and to help close the achievement gap between Aboriginal and non-Aboriginal students in the areas of literacy and numeracy, retention of students in school, graduation rates, and advancement to post secondary studies.

By participating in the Self-Identification program, you are assisting the board with the determination of programming and support to increase Aboriginal student success and achievement, and to help our board monitor the success of students and the programs and supports implemented. Information about individual students will not be released and is kept confidential in accordance with the Freedom of Information and Protection Privacy Act. The Durham District School Board (DDSB) will only share its Aboriginal Self-Identification data with the Ministry of Education and the Education Quality Accountability Office (EQAO). These provincial bodies will report their findings in an aggregate or collective format to the public. Go to http://spiritcalling.ddsbschools.ca for more information.

## Some Dates of Significance for September and October 2019

The Durham District School Board and the Equity, Diversity and Race Relations Department, recognize and value the dimensions of diversity while supporting Equity and Inclusive Education. As we continue to implement equitable principles and practices, it is important to acknowledge dates of significance that recognize our diverse faith groups, creeds and organizations. The following dates highlight observances that are notable as we continue to broaden our educational focus through the equity lens, recognizing information from the United Nations (UN), the Federal Government of Canada, the Province of Ontario, the Interfaith Calendar and the Multi-faith Council of Ontario. These are some dates for the months.

2019 is the Year of Indigenous Languages

2015-2024 is the International Decade of People of African Descent

September 29 Navratri

September 29 Rosh Hashanah September 30 Orange Shirt Day

October is Hispanic Heritage Month, Islamic History/Heritage Month and Women's History Month

October 9 Yom Kippur
October 13—20 Sukkot
October 19 Dussehra
October 21 Simchat Torah

October 27 Diwali





## **LAKESIDE SCHOOL COMMUNITY COUNCIL**

Our first S.C.C. (School Community Council) meeting takes place on Tuesday, September 24, 2019 at 7:00 p.m. in the Library. All are welcome and encouraged to attend. The S.C.C. is a group of parents, guardians, teachers and administrators who meet monthly to discuss issues related to their children, their education and activities going on within the school. Please consider joining the Lakeside S.C.C.

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School Community Council Elections
Elections will take place on Tuesday, September 24, 2019 at 7:00 pm at our first S.C.C. meeting.
Parents/guardians interested in being part of this year's S.C.C. are invited to join us in the Library/ Learning Commons to review the election process and begin a wonderful, new school year.

The Lakeside S.C.C. provides tremendous benefits to our school. The best contributors come with energy, a love of children and a sincere interest in the entire school. Please feel free to contact the school at (905) 686-3014 if you want more insight into this rewarding responsibility.

## Lakeside Public School



2019-2020 School Community Council

## Nominations and Elections Information

The School Community Council (known as an S.C.C.) is a group of interested parents, quardians, school staff and community members who work together to support students of the school.

## Come to the S.C.C. meeting on Tuesday, September 24, 2019 at 7:00 p.m. in the Library. Everyone is welcome!

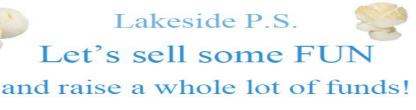
Fill in the nomination form on the reverse side and send it in to the office.

The S.C.C. consists of parent representatives (Chairperson, Secretary, Treasurer, Members at Large), Principal, School Staff Representative, Non-Teaching Staff Representative, and Community Representative. Each parent/guardian member of the S.C.C. is entitled to one vote in votes taken by council.

Each member holds office for a term of one year starting the 4th week of September.

Give the Lakeside S.C.C. a try! We need your voice!

## LAKESIDE SCHOOL COMMUNITY COUNCIL POPCORN DAYS



Every Wednesday starting
September 25th we will be selling
snack size bags of Kernels popcorn
for \$2.25

Orders must be placed the Sunday before by 11:59 p.m. on School Cash Online.

There will be <u>NO</u> same day cash sales Flavours for sale will be Buttersalt, Low Fat Caramel & White Cheddar

Brought to you by your S.C.C.



## **CONGRATULATIONS MRS. PALMER!**

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In October, we will celebrate our Volunteer of Distinction for the 2018-2019 school year—Beth Palmer! Mrs. Palmer is an active member of our School Community Council. She was co-chair of the S.C.C. Spring Fun Fair last year and is always in the school helping out with our various events.

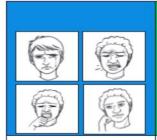
Thank you Mrs. Palmer for all that you do! We are so appreciative!



## SELF-REGULATION AT LAKESIDE PUBLIC SCHOOL

We are working as a school to develop a shared language around self awareness and regulation. Take time to talk to your child about the Zones of Regulation!





## **BLUE ZONE**

Sad Sick Tired Bored Moving Slowly



### **GREEN ZONE**

Нарру Calm Feeling Okay Focused Ready to Learn





### YELLOW ZONE

Frustrated Worried Silly/Wiggly Excited Loss of Some Control







### RED ZONE

Mad/Angry Mean **Terrified** Yelling/Hitting Out of Control

Please see our Parent Resource Centre in the front foyer for books you can borrow for both adults and children!



## WELL-BEING AND STUDENT ACHIEVEMENT



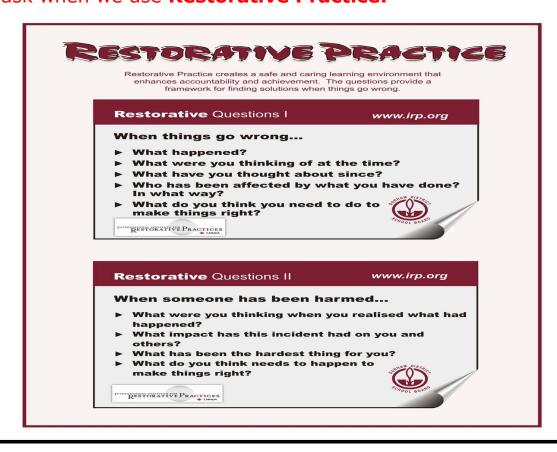
The Ontario Ministry of Education promotes student well-being:

"In 2014, the ministry developed a renewed vision for education with <u>Achieving Excellence</u> that set out to expand what student 'success' meant for Ontario students, by focusing on equity, well-being and continued improvements in students' academic achievement."

"By putting each student's strengths and needs at the centre of all that we do in education and creating a learning experience that helps every student feel hopeful about their future, we hope to realize the vision of Achieving Excellence."

http://www.edu.gov.on.ca/eng/ about/promote\_wellbeing.html

As part of our school plan focus on communication, and student well-being, we are having community circles and using restorative practice with our staff and students. Here are some of the questions we ask when we use **Restorative Practice:** 



## COMING TO LAKESIDE IN NOVEMBER—THE SEWING STUDIO

WE WOULD LIKE ALL STUDENTS FROM JUNIOR KINDERGARTEN TO GRADE 8 TO PARTICIPATE IN THIS PROGRAM THAT SUPPORTS OUR EQUITY AND WELL-BEING GOALS. IT WILL TAKE PLACE DURING THE SCHOOL DAY. EVERY CLASS WILL HAVE A TIME AND WILL COME HOME WITH SOMETHING THAT THEY MADE THEMSELVES USING A SEWING MACHINE.

PLEASE PAY ON SCHOOL CASH ONLINE.

WE LOOK FORWARD TO THIS EXCITING OPPORTUNITY!

## ina Studio

## A sewing program that focuses on menforship, confidence, inclusion, and equity!

Denise Wild's Sewing Studio is coming to our school with a specialty program like you've never seen before - a dynamic, engaging sewing workshop that breaks the creative mold! The Sewing Studio's team of stereotype-busting mentors will guide each student through success, teaching everyone how to sew using a sewing machine. Boys and girls, that means you! Each child will gain confidence, develop their growth mindset, and complete their very own customized project from start to finish, all while being motivated and inspired.



- We come to your school with 15 to 30 sewing machines and our all-star team, and we set up a creative maker space in your library, gym, or available classroom.
- We teach every child (as young as 4 years old!) how to properly, safely, and successfully use a sewing machine.
- Highly skilled sewers and mentors coach kids, working on a 1-to-5 ratio, providing an incredible, hands-on experience.
- Confidence-building exercises give a 360° learning experience.





DENISE WILD CO-FOUNDER @MEDENISEWILD Denise Wild is a magazine editor, author, and sewing expert who appears regularly on CP24, Cityline, The Morning Show, Your Morning, and Breakfast Television



ROLAND ACHEAMPONG CO-FOUNDER @ORIGINALROLAND Roland Acheampong is an All-Canadian athlete and an accomplished entrepreneur with a background in corporate sales, executive management, and ousiness development.

## Our all-star sewing mentors are also:

- Fashion designers
- Entrepreneurs
- Athletes
- TV personalities
- Coaches
- Musicians
- Interior designers
- Personal trainers
- Medical professionals

Motivational speakers

SewingStudioClasses.com | info@denisewild.com | (888) 448-7706

See program photos under the hashtag #sewingkidsXdenisewild on 👩 🥤 🤘









# Parent Inclusive Technology Training Evenings

Do you want to assist your child with reading, writing and organization?

## JOIN US FOR HANDS ON LEARNING

In this session, parents and guardians will learn about the common pieces of software used within the DDSB: Google Suite, Read and Write and Sora. During the 90 minute session, attendees will use school Chromebooks to explore software and engage in hands-on learning activities.

PLEASE REGISTER ONLINE by clicking HERE

## OR By typing in the link provided below

## http://bit.ly/DDSBinclusivetechnight

Area	School	Date and Time
Whitby	Durham DSB 400 Taunton Rd. E	Thursday, October 24th/19 6:00 - 7:30 pm
Ajax	Roland Michener P.S. 95 Ritchie Ave.	Thursday, November 28th/19 6:00 - 7:30 pm
Oshawa	Waverly P.S. 100 Waverly St. S	Thursday, February 27th/20 6:00 - 7:30 pm
North	R.H. Cornish 494 Queen St.	Thursday, March 26th/20 6:00 - 7:30 pm





# ORANGE SHIRT DAY

September 30th, 2019

**Honouring Survivors** 



Remembrance

Join in the spirit of reconciliation and recognition of the impact the residential school system had on children and the generations that followed.





Government of Canada

Gouvernement du Canada

**Canadä** 

# 2020 PRIME MINISTER



CHRIS MARA

2018 Certificate of Excellence recipient, Wasse-Abin Wikwemikong High School, Wikwemikong,

2019 Certificate of Excellence recipient, Makonsag Aboriginal Head Start, Ottawa, Ontario

Do you know an **OUTSTANDING teacher** or early childhood educator?

Nominate them for a Prime Minister's Award today!

www.canada.ca/ pm-awards to download the nomination package and take a look at past recipients.

**DEADLINE:** 

January 14, 2020, at 11:59 a.m. (Pacific time)

Funded in part by:



#pmawards

Canada.ca/pm-awards





### LET'S WALK LAKESIDE!

October 2nd is WALK TO SCHOOL DAY! If you walk to school, you will submit a ticket to the office to win prizes.

As a walking school, let's support IWALK Month this October. The class with the highest number of walkers for the month of October will win a prize!

## October is International Walk to School (IWALK) Month.

Students around the world are walking & wheeling to school. Join the movement!











## **ATTENTION GRADE 5 FAMILIES**



## **Get your FREE Grade 5 Action Pass**



All Grade 5 students in Durham Region can get a pass that gives them:

- · free public swimming
- · free public skating
- free drop-in programs (programs vary by recreation centre)

Have fun, meet new friends and get active!

For more information and a list of participating recreation centres and programs visit: durham.ca/physicalactivity

## Getting your Grade 5 Action Pass is easy...

- Take this card, along with a parent or guardian, to a participating recreation centre that can give you a pass. For a list of recreation centres visit: durham.ca/physicalactivity
- Bring proof of address and student's date of birth.
- Use your pass, as often as you want, at any of the participating recreation centres from September 2019 to August 31, 2020.

Supported by:

























If you require this information in an accessible format, contact 1-800-841-2729.

## Important to Know:

- If you are in the Township of Brock, you will get your pass at school.
- If you register at Uxpool, bring a photo 2.5 x 3.8 cm (1 inch by 1.5 inches).

For more information contact: **Durham Health Connection Line** 905-666-6241 or 1-800-841-2729 durham.ca/physicalactivity











